



Nordic Handcraft Workshop Materials List

Watercolor Heirloom Recipes with Tara Sweeney

Students should provide the following items for class:

- good quality watercolor paper or block, 140# cold press, 8x10 inches or larger
- A mounting surface (a piece of foam core or corrugated) and tape or staples to restrain loose paper. We work on more than one sheet at a time.
- all-purpose sketchbook paper or copy paper for sketching exercises
- good quality watercolors in a palette with a couple of good-sized mixing wells. A minimum of 6 colors including two reds, two yellows, and two blues.
- large Aquash refillable round water brush, or traditional watercolor #10 round
- 3 rinsing containers
- permanent black ink pen (instructor uses a TWSBI mini fountain pen) *Check permanence by making a mark, letting it dry and dropping water on it. If it bleeds it isn't permanent.*
- 2B drawing pencil and kneaded eraser
- paper towels or absorbent rag
- Props to paint from. Choose from any:
 - o Photos of the finished recipe or recipe in process
 - o Specialty tools (cookie cutters, molds, rolling pins, etc.) or photos of these
 - o Specialty ingredients or photos of these
 - o The finished baked good or food or photos of these

The following items are optional, but they may be useful if you have them on hand:

- a C-6 tip and a speedball dip pen and/or a white Signo roller ball

These items can all be found locally at Wet Paint or online. Please contact the Handcraft Programs staff at foodhandcraft@asimn.org with any questions.



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