



Nordic Handcraft Workshop Materials List

Watercolor Portraits with Tara Sweeney

Photo reference instructions and optional pre-class exercises will be provided by the instructor no less than one week before the workshop. This class breaks for lunch each day; bring a bag lunch or plan to eat at FIKA café.

Students should provide the following items for class:

- **Professional quality watercolor paper:** Minimum size of quarter sheet, good quality watercolor 11 x 15 inches or larger, a surface to mount it on and tape or staples to restrain it. Instructor uses Arches or Winsor Newton 140# cold press watercolor paper. You'll use two or more sheets of paper this size.
- **Professional quality tube watercolors:** No hard pan cakes or travel palettes please. Instructor uses professional quality M. Graham watercolors. Instructor's expanded palette for figures has the following eleven colors: quinacridone nickel gold; hansa yellow; quinacridone rose; alizarin crimson permanent or maroon perylene, cadmium red, cadmium orange, turquoise blue; ultramarine blue; cobalt blue; paynes gray.
- **Palette:** You must have a palette that allows adequate space to lay out fresh tube colors AND also have good-sized mixing areas. Instructor uses Jones Travel round with space for 12 colors in the base and four divided mixing wells in the lid. A large tray palette is also a good choice.
- **Professional quality brushes:** Instructor uses four brushes for painting figures: Silver Black Velvet jumbo round small mop or similarly-sized natural hair mop that delivers a really wet, juicy load; #10 watercolor round that holds a good point; a #6 sable or synthetic sable round; and a 1 to 2-inch square brush. At a minimum, bring these four brushes or equivalent quality.
- Additional required materials:
 - 3 rinsing containers
 - small spray bottle
 - absorbent sponge, cloth or rag
 - paper towels
 - table easel or a way to prop up your mounted paper and support it at an angle to paint
 - drawing paper or sketchbook, 8 ½ x 11 or larger
 - 2B-6B drawing pencil and hand sharpener
 - kneaded eraser

Note that these can all be found locally at Wet Paint or online. Please contact the Food and Handcraft Programs Team, (foodhandcraft@asimn.org) with any questions.



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