



Nordic Handcraft Workshop Materials List

Picture Weaving on a Rigid Heddle with Kerstin Neumüller

Note: The first session of class will cover setting up for your picture weaving project, with some homework before the second session the following day. For the second class, you'll want to set up and fix your loom to something that will not move if pulled, such as the knob of a closed door or a sturdy table leg.

Students provide the following items for class:

- Paper and colored pencils
- A Scandinavian-style rigid band weaving heddle
- Yarn to weave with in at least two colors, up to five colors (see note below)
- Scissors
- String, strong enough you can't break it by pulling apart with your hands:
 - One piece of string as long as your arm
 - One piece of string long enough to go around your waist + be tied on a bow.
- One plastic card (same size and style as a credit card, though preferably you would want to use a non-credit card since we will be on a recorded video call).

Yarn source recommendations:

- Vävstuga web shop: [Cottoline](#) 22/2 or [Linen yarn](#) 16/2 (ships from U.S.)
- Kerstin Neumüller's web shop: [Linen yarn 25/2](#) (ships from Sweden)
- or any two-ply plant fiber yarn that is thin enough to go through the holes of your heddle.

Loom notes:

If you do not already have a Scandinavian-style rigid band weaving heddle, Kerstin provided this short [video tutorial](#) on how to make your own heddle out of cardboard! Kerstin offers additional guidance on making your own heddle (from wood or cardboard) in her book, [Simple Weave](#), which is available on her website or through other online retailers.

Please contact the ASI Programs Team (foodhandcraft@asimn.org) with any questions.



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