Virtual Nordic Handcraft Workshop Materials List
Advanced Band Weaving with Kerstin Neumüller

This is the first pattern we will weave

Please provide the following items for class:

- Grid paper and pencils or colored pencils
- A Scandinavian-style rigid band weaving heddle with space for 17 or more threads.
- Yarn for weaving (see notes below)
    - Suggested cotton or linen for background warp and weft, such as Perele cotton 5/2 (available locally at the Weavers Guild of MN shop), Cottoline 22/2 or Linen yarn 16/2 or Linen yarn 25/2.
    - Perele cotton size 3/2 (available at Weavers Guild of MN) or thin but tightly spun wool yarn.
- Scissors
- Strong string or band to tie around your waist and tie up your warp
- Something to beat with: a beater stick or a plastic card (such as a library card or similar).

To weave these bands you need two types of yarn: One thinner that will form the background and one thicker that will form the pattern. It is important that you choose yarns that are comprised of two or more strands, otherwise they might be torn apart during the weaving. The pattern yarn should be at least twice as thick as the bottom yarn. The traditional materials for this type of band is cotton or linen for the background and wool for the pattern, but you can use all cotton if you want to.

Please contact the Food and Handcraft Programs Team (foodhandcraft@asimn.org) with any questions.

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