



Nordic Handcraft Workshop Materials List

Watercolor Figure Magic with Tara Sweeney,
January 9 – 11, 2026

Students should provide the following items for class (Note that these can all be found locally at Wet Paint or on their [website](#)):

- **Professional Quality Watercolor Paper:** Minimum size of quarter sheet, good quality watercolor 11 x 15 inches or larger, a surface to mount it on and tape or staples to restrain it. Instructor uses Arches or Winsor Newton 140# cold press watercolor paper. You'll use two or more sheets of paper this size.
- **Professional Quality Tube Watercolors:** NO hard pan cakes or travel palettes please. Instructor uses professional quality M. Graham, Daniel Smith and/or QoR watercolors. Instructor's expanded palette for figures has the following ten colors: quinacridone nickel gold; hansa yellow; quinacridone rose; alizarin crimson permanent or maroon perylene; cadmium red light; cadmium orange, phthalo blue or turquoise blue; ultramarine blue; cobalt blue; paynes gray.
- **Palette:** You must have a palette that allows adequate space to lay out fresh tube colors AND also have good-sized mixing areas. Instructor uses Jones Travel round with space for 12 colors in the base and four divided mixing wells in the lid. A large tray palette is also a good choice.
- **Professional Quality Brushes:** Instructor uses four brushes for painting figures: Silver Black Velvet jumbo round small mop or similarly-sized natural hair mop that delivers a really wet, juicy load; #10 watercolor round that holds a good point; a #6 sable or synthetic sable round; and a 1 to 2-inch square brush. At a minimum, bring these four brushes or equivalent quality.
- **Additional Required Tools:**
 - 3 rinsing containers
 - small spray bottle
 - absorbent sponge, cloth or rag
 - paper towels
 - tracing paper
 - waxless graphite transfer paper



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- table easel or a way to prop up mounted paper & support it at an angle to paint
 - drawing paper or sketchbook, 8 ½ x 11 or larger
 - 2B-6B drawing pencil and hand sharpener
 - kneaded eraser
- **Photo Reference** - will be provided by instructor to registered participants no later than one week before the workshop.

Registered participants receive an emailed warm up exercise from the instructor the weekend before the workshop. This class breaks for lunch each day; bring a bag lunch or plan to eat at FIKA café.

Please contact the Food and Handcraft Programs Team at foodhandcraft@asimn.org with any questions.