



Nordic Handcraft Workshop Materials List

Café Sketching with Tara Sweeney

July 10, 2025

Registered participants receive an emailed warm up exercise from the instructor the weekend before the workshop. This class breaks for lunch; bring a bag lunch or plan to eat at FIKA café. Weather permitting, most of this class will take place outdoors.

Students should provide the following items for class (*Note that these can all be found locally at Wet Paint or online*):

- Good quality portable watercolor sketchbook—small size and style of your choice. Instructor works in a zigzag watercolor sketchbook (6x40 inches) or hard-cover Moleskine watercolor sketchbook (6x9 inches).
- Travel set of professional quality hard pan watercolors: 6-12 colors with a couple of good size mixing areas in the palette lid
- White permanent ink pen such as Signo
- Pentel Aquash Large round water brush OR traditional travel style watercolor round #8 and 3 small rinse containers. Instructor uses a #8 Silver Black Velvet travel brush and nesting rinse containers.
- Permanent black ink pen, 0.3-0.5 width (Staedtler permanent fine liner, or a traditional fountain pen with carbon ink are good choices.) Check that your pen will make a wash when clear water is added right after making a mark. Then check that it is permanent when completely dry. You'll use it both ways. Instructor uses a refillable TWSBI mini extra-fine point fountain pen with carbon ink.
- 2B drawing pencil with sharpener or a mechanical pencil with 2B leads (no H leads please.)
- Kneaded eraser (make sure it's kneaded, and not just any eraser)
- Small bottle with fine sprayer
- Paper towels or reusable absorbent sponge, chamois or rag
- Rubber bands to secure sketchbook closed
- Binder clips to secure sketchbook in open position
- Waterproof pouch or plastic bag to keep sketchbook and wet palette separate
- Bag to carry gear
- Portable stool—there are chairs and benches, but sometimes a view is only available with a portable stool (*ASI will have some folding stools available to lend*).
- Sun, rain, and wind protection
- Cash/credit card for Fika purchases
- Sense of humor

Please contact the Food and Handcraft Programs Team (foodhandcraft@asimn.org) with any questions.



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