



Nordic Handcraft Workshop Materials List

Watercolor Heirloom Recipe with Tara Sweeney

December 11, 2024

Students should provide the following items for class:

- Good quality watercolor paper or block, 140# cold press, 8x10 inches or larger
- If you do not have a watercolor block, you'll need a mounting surface (a piece of foam core or corrugated) and tape or staples to restrain loose paper.
- All-purpose sketchbook paper or copy paper for sketching exercises
- Good quality watercolors with a couple of good-sized mixing wells - minimum of 6 colors including a red, yellow and blue
- Traditional watercolor #10 round brush
- 3 rinsing containers
- Permanent black ink pen (instructor uses a TWSBI mini fountain pen) Check permanence by making a mark, letting it dry and dropping water on it. If it bleeds it isn't permanent.
- 2B drawing pencil and kneaded eraser
- Paper towels or a small clean household sponge or absorbent rag
- Tracing paper and graphite transfer paper
- Spray bottle
- Uni-ball Signo white pen
- Calligraphy dip pen with C-6 tip
- Props to paint from. Choose from any:
 - Photos of the finished recipe or recipe in process
 - Specialty tools (cookie cutters, molds, rolling pins, etc.)
 - Specialty ingredients
 - Sample baked good or food

Materials can be purchased at Wet Paint Art Supplies [online](#) or at the store in Saint Paul.

This class breaks for lunch; bring a bag lunch or plan to eat at FIKA café.

Please contact the Food and Handcraft Programs Coordinator, Erin Swenson-Klatt (erinsk@asimn.org) with any questions.



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