Nordic Handcraft Workshop Materials List
Favorite Tools in Watercolor with Tara Sweeney
October 4 & 5, 2023

Students should provide the following items for class:

- **Professional Quality Watercolor Paper:** Minimum size of 9x12 good quality watercolor BLOCK, or quarter sheet, a surface to mount it on and tape or staples to restrain it. Instructor uses Arches or Winsor Newton 140# cold press watercolor paper.

- **Professional Quality Tube Watercolors:** No hard pan cakes please. Instructor uses M. Graham, Daniel Smith and QoR watercolors. If you already have professional quality tube colors, use what you have. At a minimum, have a split primary limited palette of at least 2 yellows, 2 blues, 2 reds, and paynes gray. Split primaries lean in different temperature directions. For example, phthalo blue leans toward yellow (it’s a green-blue) while ultramarine leans toward red (it’s a violet blue). Instructor’s typical palette: quinacridone nickel gold; hansa yellow; quinacridone rose, napthol, pyrrol or cadmium red, phthalo or turquoise blue; ultramarine blue; cobalt blue; paynes gray.

- **Palette:** Must have wells for laying out tube colors AND good-sized mixing areas in the palette. I use Jones Travel round with space for 12 colors in the base and four divided mixing wells in the lid. A tray palette is also a good choice.

- **Brushes:** I use three brushes: Silver Black Velvet jumbo round small mop or a squirrel mop for wet into wet first layer washes; a #10-12 sable or pseudo sable watercolor round for middle layer washes; and a springy synthetic #10 watercolor round for controlled final layer dry brush and details. At a minimum, bring these three brushes or equivalent shapes, sizes, and quality to deliver the same load.

- **Other Watercolor Tools:**
  - 3 rinsing containers
  - small spray bottle
  - absorbent sponge, cloth or rag
  - paper towels
  - tracing paper
  - graphite transfer paper
  - table easel or a way to prop up your block or support it at an angle to paint.

*Materials list continues next page*
• **Drawing Tools:**
  - Drawing paper or sketchbook, 8 ½ x 11 or larger
  - 2B-6B drawing pencil and hand sharpener.
  - Kneaded eraser
  - Permanent black ink pen, 0.3-0.5 width (Staedtler permanent fine liner, or a traditional fountain pen with carbon ink are good choices.)

• **Props:**

Bring a selection of 3-5 tools that are distinct from each other, but in your opinion, belong together. These don't have to be tools you actually use, but they could be. Examples: my mother's sewing box has an assortment of tools I inherited; my watercolor tool kit includes everything on this list because I use these in my studio to paint and draw; our basement/kitchen cupboards and drawers have collections of tools for all kinds of things. You decide.

**Materials can be purchased at Wet Paint Art Supplies online or the store in Saint Paul.**

*This class breaks for a 1-hour lunch each day; bring a bag lunch or plan to eat at FIKA café. Please contact the Food and Handcraft Programs Team ([foodhandcraft@asimn.org](mailto:foodhandcraft@asimn.org)) with any questions.*